Researching and Reflecting on Career Paths

- Consider taking time to research various career paths to see what might be a good fit.
- Reflect on one's strengths, abilities, and preferences. That information can be important for evaluating the feasibility and sustainability of various career paths.
  - Of note, within a profession, there may be a diversity of job openings. For instance, some nursing jobs involve working in the night shift, while others work during business hours.
- Ideas of ways to research career fields:
  - Watch day in the life videos on YouTube
  - Read multiple job postings from that field
  - Seek out informational interviews
  - Job shadow
- One may want to ask artificial intelligence for help with identifying career paths given one's preferences and limitations.
- Sample questions to research:
  - What do the job postings tend to list as the physical requirements?
  - Does the work tend to be in person, virtual, or hybrid? What portion of the job is computer work?
  - Do the jobs often require the employee to have a driver's license?
  - What might the work schedule like?
    - How long might the workday be?
    - Do employees typically work during business hours?
    - Do some employees work the night shift?
      - Do the jobs tend to be part time or full time?
- What are the social demands of the job? How important is one's social acumen and communication abilities for success in the career field?
- How competitive is it to get a job in the field?
- Would one likely have to relocate for a job?
- While one might enjoy studying a certain subject in school, they may not enjoy working in the corresponding career field. What might the day to day in the workforce be like?
- What are the opportunities for career growth and advancement within the field?